



if I were a  
hummingbird, I  
could just suck  
down sugarwater all  
day.



Chaz

 **cvillette**<https://cvillette.livejournal.com/>


2007-10-09 13:51:00

MOOD:  accomplished

MUSIC: Voltaire - The Vampire Club

WICTORY! (<https://www.livejournal.com/away?><to=http%3A/www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D9%26Day%3D9>)

Okay, I need a snack when I get home, possibly an extremely large salad and some fruit. But the burritos were actually better for me than that--I made them myself with low fat beans and whole wheat tortillas--and I'm feeling kind of pleasantly stuffed. The oatmeal's a great tip,

 **Ometotchtli** (<https://Ometotchtli.livejournal.com/>). I just wish steel-cut oats didn't take so long to cook, or that the instant kind weren't so disgusting.

I'm doing so well today I might see how far over I can get, and maybe try to build up a little cushion.

**ETA:** Hah! Over 6000 calories, and almost all of it good for me.

\*burp\*

[locked] Dream Journal


All right, unconscious mind. We're coming to an accommodation. If the dreams are you cleaning house, putting

Elvis doesn't live here anymore.

Hey there. Sorry about the drama. It was... it was an emotional decision, and I didn't handle it well. So yeah, I'm

Poppets. Puppets. Poppet puppets.  
Scary.


21 comments

 **trollcatz**[October 9 2007, 18:47:33 UTC](#)[COLLAPSE](#)

It's not that it never occurred to me that people could make their own burritos, but, um...

You know, it sort of never occurred to me that people could make their own burritos.



 [cvillette](#)

[October 9 2007, 18:52:39 UTC](#)


[COLLAPSE](#)

Dude! Friday is hereby declared build-a-burrito night at my place. We'll invite the gang, and spouses for all both of you that have one.

And then we'll dig into Hafidha's DVD collection and watch *Federal Marshalls* and *The Untouchables* and *Criminal Minds* and *The X-Files*, and have a total busman's holiday picking them apart, and pretend we don't notice when somebody turns the air green.

It'll be like bonding.



 [trollcatz](#)

[October 9 2007, 19:00:05 UTC](#)

[COLLAPSE](#)

Perfect, except for one thing--let's do it over here. I have glimpsed your apartment from the door, and unless you've got a tesseract-thingie under the sofa, we'll be snuggled up like in an elevator.

And geez, T and I have this great kitchen, and it never gets any love...



 [cvillette](#)


[October 9 2007, 19:02:34 UTC](#)

[COLLAPSE](#)

Bah, cute girls never let me bring them home. Besides, we all fit in the conference room.

All right, your place it is. Spread the word.



 [trollcatz](#)

[October 9 2007, 19:04:24 UTC](#)

[COLLAPSE](#)

Yeah, when we fit in the conference room? Beans are not involved. \*g\*

 [Ometotchtli](#)

[October 9 2007, 18:51:43 UTC](#)

[COLLAPSE](#)

The middle way, Grasshopper--old-fashioned rolled oats. (And I'm always in to work before you, so they gotta be fast enough.) And nuts n raisins n stuff, of course. 'Cause the instant stuff is oatmeal factory floor sweepings.



 [cvillette](#)

[October 9 2007, 18:55:37 UTC](#)

[COLLAPSE](#)

Those I just eat cold with milk and maple syrup.

nom.

Hey, one of my foster moms was a hippie.



 [Ometotchtli](#)

[October 9 2007, 19:01:43 UTC](#)

[COLLAPSE](#)

Awww, and sometimes it shows in the darndest ways. \*pats head\*



 [cvillette](#)

[October 9 2007, 19:03:37 UTC](#)

[COLLAPSE](#)

I swear to you, maple syrup was the only simple carb she kept in the HOUSE. You will put it on ANYTHING after a while.



[iroshi](#)

[February 27 2008, 19:04:34 UTC](#) [COLLAPSE](#)

Sorry about commenting on a very old post, but I just found your journal and find you amusing enough to back-read the whole thing. \*grin\*

But DUDE. I thought I was the only one who ate oatmeal cold with milk. My husband teases me about it -constantly-. It's like granola without the crunch, what's so weird about it?



[cvillette](#)

[February 27 2008, 19:08:39 UTC](#) [COLLAPSE](#)

Oatmeal cold with milk is awesome!



[trollcatz](#)

[October 10 2007, 01:22:32 UTC](#) [COLLAPSE](#)

DOOOOD!

6000+ calories and you still had time to get a bucketload of work done. Tell me who brought the awesome today, huh? \*hi 5\*



[cvillette](#)

[October 10 2007, 01:33:12 UTC](#) [COLLAPSE](#)

weapons-grade awesome, uh huh.

...actually, i feel a little bloated. ;-)



[trollcatz](#)

[October 10 2007, 02:31:36 UTC](#) [COLLAPSE](#)

At last, he knows how the rest of us feel after dinner at an Italian restaurant. Welcome to the species, Platypus!



[cvillette](#)

[October 10 2007, 20:36:09 UTC](#) [COLLAPSE](#)

Mmm. Italian food.



[Ometochtli](#)

[October 10 2007, 02:32:54 UTC](#) [COLLAPSE](#)

If you start getting cramps, it means you're a girl. \*g\*



[cvillette](#)

[October 10 2007, 20:36:54 UTC](#) [COLLAPSE](#)

Thousands of beautiful women worldwide mourn...

(They're all lesbians who thought they were safe from me, but that's not the point.)



[trollcatz](#)

[October 11 2007, 22:53:13 UTC](#) [COLLAPSE](#)

\*spits perfectly good coffee\*



[cvillette](#)

[October 12 2007, 01:27:51 UTC](#) [COLLAPSE](#)

THAT'S A SIN!



[inaurolillium](#)

[January 17 2008, 07:34:44 UTC](#) [COLLAPSE](#)

Sorry, been surfing through your archives again.

You know, Alton has an excellent overnight recipe for [steel cut oats](#). It does require a slowcooker, but those are bloody useful, especially if you work long days and would like dinner to be ready as soon as you get home.



[cvillette](#)

[January 17 2008, 13:06:34 UTC](#) [COLLAPSE](#)

I've actually been using that one, occasionally. It does work pretty well.

[\[locked\] Dream Journal](#)

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